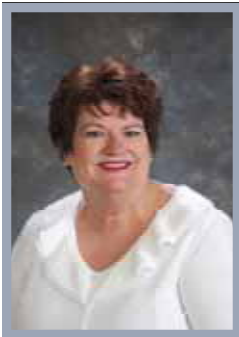


Inspirations

Winter 2012



MERRY CHRISTMAS AND HAPPY NEW YEAR TO YOU!

Thank you for your support and generosity to TARC participants. Your donations and services to us are blessings and very much appreciated. Now, I would like to share with you TARC's Vision.

TARC continues to "Embrace the Vision" of the Arc of Louisiana and The Arc of the U.S., by upholding the Values that Unite Us! These values focus on strengths, abilities, inherent values, dignity and respect for the people served by Terrebonne ARC.

We do this by promoting an attitude that emanates throughout the workings of TARC. It is the focal point aimed at on a daily basis; individuals with Intellectual and

Developmental Disabilities come FIRST. Policies and procedures, programming, activities, socials, community involvement, and future planning all revolve around these individuals. Their desires, dreams and needs are paramount to this organization. Individual right, freedoms, and responsibilities are clearly communicated and are person centered.

TARC believes in Democracy by encouraging clients to vote in all public elections and in choosing their leaders at work and play. Visionary Leadership abounds by seeking leaders in the community who are leaders in business and have an interest in TARC clients. Lawyers, doctors, dentists, large and small business leaders, plus client family members comprise the TARC Board of Directors. The wide range of interests, expertise, and passion for the individuals served makes TARC a dynamic force.

Recognized locally and statewide as a leader in the field of intellectual and developmental disabilities by donors and funders alike, TARC continues to lead in visionary leadership. Always on the cutting edge of "Best Practice" and Visionary Leadership, Terrebonne ARC continues to move the mission of The Arc forward. TARC seeks to promote Diversity in its workforce and people served. We strive to be an agency of Integrity and Excellence, to accomplish this with honor and accountability at all times.

TARC strives to utilize "Best Practice" initiatives in all aspects of the organization. TARC is committed through its participation in accreditation by CARF International, a 3 year accreditation process since 2003 and has achieved "Deemed" status from the Louisiana Department of Health and Hospitals.

TARC believes in Community Participation. TARC has opened businesses in the community, is on Facebook, Twitter, and has an outstanding website. Many individuals work independently in the community and are supported by TARC when needed. As an organization, Terrebonne Arc continues to be a pacesetter in the field of I/DD and will continue to strive for excellence in every endeavor.

Merry Christmas! Mary Lynn Bisland

ARC of LA Award Winner– Rodger Shelton



On December 1, the ARC of Louisiana held their annual award luncheon to celebrate individuals and/or businesses that go above and beyond in the field of disabilities. Mr. Rodger Shelton, TARC Director of Transportation and Maintenance, won the Embracing the Vision award for all of his extra curricular activities with many TARC individuals. In Rodger's spare time, he coordinates a bowling league team throughout the year, various fishing trips, Saints game gatherings, and much more. TARC is extremely grateful for all of Rodger's dedication to his work and his unselfish volunteer spirit that improves and enhances the lives of many people with intellectual and developmental disabilities. "I realized long ago, it's beyond our mission, it's about living our mission," said Rodger. For this reason, Rodger inspires the lives of many and helps live TARC's mission of "securing opportunities for all individuals with intellectual and developmental disabilities the opportunity to enjoy a meaningful life."



TARC is now hiring the following:

QDDP-Vocational
PCA-Community Homes
Residential Floater
DSW-Division 1 & 2
Community Living Specialist (CLS)
CDL Bus Driver

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Let's Get Together Social Club



TARC's Let's Get Together club has been having fun and making memories! In August, the group watched "The Three Stooges" at Movie Night held at TARC. We had pizza and popcorn and laughed a lot. In October, the club sponsored its annual Halloween Dance at the Woodmen of the World in Houma. Dance goers thoroughly enjoyed a delicious dinner and danced the whole time. Cajun Crate worker, Herman McElroy, DJ'd the event. The club also invited Lafourche ARC, and we had the biggest Let's Get Together event yet! We held our costume contest and everyone left happy! The club would like to thank South Terrebonne High School Student Council for volunteering their time at the dance. In December, the club held its annual Christmas Party and Gift Exchange. Santa made an appearance, and everyone danced the rest of the night to Christmas music. In January, the club will be accepting the spring dues of \$10. 2013 will bring new events and lots of fun!

V&M Tube Alloy Partners with Bayou Packers



In May, TARC's Bayou Packers packaging department began a wonderful partnership with V&M Tube Alloy (VMTA). Members of the VMTA Purchasing Department contacted TARC to produce wire-rod centralizer rings for a number of its vacuum-insulated tubing (VIT) products. A trial run proved successful, and TARC was granted the contract. Since the first order was placed in May 2012, TARC's Bayou Packers have delivered good quality parts ahead of schedule or on time and without a single reject. Furthermore, TARC Bayou Packers worker, Thomas LeBouef, manufactures the centralizer rings by hand on poka-yoked fixturing. Thomas quickly mastered the part and looks forward to every order. "I love cutting the wires and bending them", said Thomas. VMTA provided explicit visual work instructions that easily and accurately convey the part requirements and manufacturing process. Mike Blanchard, plant manager at VMTA Houma, feels "the centralizer ring business seems like the right direction for everyone concerned and we look forward to future success in partnership with TARC."

Associates from V & M Tube Alloy (VMTA) and Bayou Packers (BP) pose after a successful production run. From L to R: Lourean McGee (Manager), Mike Blanchard (VMTA Houma Plant Manager), Pete Folse (VIT Supervisor), Thomas LeBouef (TARC worker), Diane Bourg (BP Direct Support Worker), and Margaret Dubois (BP Direct Support Worker)

Art After Dark Features New Artist Chad Stein



On September 8th, new TARC Artist, Chad Stein, TARC Folk Artist Paula Lapeyrouse and Folk Photographer Teri Boudreaux exhibited their work at Salon Rubicon in downtown Houma. Salon Rubicon hosted a phenomenal night with food and music and lots of people. TARC is very appreciative of Salon Rubicon's support and generosity for our artists and for TARC.

TARC Outstanding DSP Recognized at ARC of LA Awards



Voted on by her peers, Earline Boudreaux was named TARC's Outstanding Direct Support Professional and was recently recognized at the annual ARC of LA Awards for her service, dedication, and being a leader in the direct support community. Earline has worked for TARC for over 25 years in the Residential Department and is currently working at the Lillian Marie home. With Earline's passion for people with developmental disabilities, her work is exemplary, is recognized, and appreciated by all TARC staff and our individuals.

TARC at the Downtown Farmer's Market

This fall, TARC has participated monthly at the Downtown Houma Market selling our fresh produce and TARC products. Fresh produce such as okra or mustard sold quickly as well as our popular salsa and pepper jellies. Stop by on Saturday mornings from 8-12 to check out the latest fresh offerings from TARC.



Division 2 Supervisor Monica Chauvin and Houma Grown Manager Vicky Rivet, enjoy a beautiful morning at the market.



Houma Grown's new Dried Herb line, all grown and dried locally at TARC.



Bon Terre Enterprise's famous salsa.

Houma Grown and the Eagle Scout Project



Houma Grown Manager Vicky Rivet and Ernie Babin display Ernie's project at TARC's Garden and Market Festival.

This year, TARC's Houma Grown division was enhanced by a specially designed project created by (now) Eagle Scout Ernest "Ernie" John Babin. Ernie has been active in Boy Scouts for over 10 years and wanted to earn the highest advancement rank, Eagle Scout. To fulfill one of the requirements, he collaborated with Vicky Rivet, TARC Houma Grown Manager, to create a rabbit cage structure that would collect rabbit "droppings" as well as drain their urine. In creating this special project, TARC is able to collect the rabbit "droppings" and utilize it for all natural fertilizer in our gardens. "I am very impressed with Ernie's cage. It truly is very innovative and creative. It's wonderful for our clients that help care for the rabbits," said Vicky. Ernie was able to secure funding through a grant received from Lowe's. Recently, Ernie Babin was recognized at a special Eagle Count of Honor ceremony for completing the highest rank in which only 5 out of every 100 Boy Scouts attain the rank of Eagle. Ernie is currently in his junior year at Vandebilt Catholic High School. TARC is very appreciative of Ernie's efforts to help individuals in Houma Grown.

Options Plus Programming



The Options Plus day program has been adding wonderful new activities to the daily lives of our individuals. One of the new changes has been converting the TARC Music Hall into a large activity center for the participants. An Xbox 360, hockey table, seated basketball, a bowling lane that turns into a putt-putt golf and other small indoor games have been added. In addition, new cognitive and physical activities have been added to the units. Options Plus has also added a movie day in the Music Hall once a month as well as monthly birthday parties for staff and clients. TARC's Options Plus staff have been instrumental in creating and implementing these new ideas into daily programming. These are just some of the many great reasons TARC is a leader in provider care.

TARC's Professional of the Year



Voted on by her peers this year, Adult Service Manager Lourean McGee is TARC's Professional of the Year. Currently, Lourean manages the Bayou Packers, Bayouland Yard Krewe, Cajun Crate Company, and the Lagniappe Cleaning Company. She loves working with our individuals, getting involved, and being hands on with supervision and client activities. "I'm very open to finding jobs in each of these areas. I love hustling for business," she says. Her hard work and dedication is inspiring to all, and will continue to be one of the leaders at TARC.





Fresh Produce Available This Winter!

- Mustard**
- Bell Peppers**
- Melons**
- Broccoli**
- Turnips**
- Collards**
- Spinach**

Pick Yours Up Today in the TARC Restaurant and Gift Shop

Upcoming Events

- ♦ **December 24-January 1—TARC Closed. Happy Holidays!**
- ♦ **January 21—MLK Holiday— TARC Closed**
- ♦ **February 11-13— Mardi Gras— TARC Closed**



Mr. Larry Pete, TARC Board President is now 1st Vice President on the ARC of LA Board. **Congratulations!!**

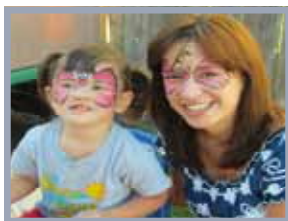
Grand Designs Opens New Location



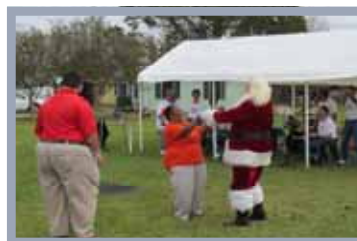
On November 5th, TARC officially opened one of its premier businesses, Grand Designs, a T-Shirt screen printing business, at Plaza Calliou Shopping Center on Grand Calliou Road in Houma. Since 2008, Grand Designs has soared with a steady abundance of orders from schools, organizations, businesses, and individuals. Grand Designs makes high quality custom t-shirts, caps, and sportswear as well as rhinestone and promotional items. This business has three TARC individuals that learn new skills and techniques such as folding shirts, sorting by size, inventorying merchandise, selling shirts at this location and in the TARC Gift Shop, labeling shirts, washing screens, and determining designs and operations. Stop by or call today to place your order!

Fall Festivities

TARC's inclusion preschool Sunshine Express (SE), held their annual "Fall Fest" for SE families in October. Fun activities such as bounce houses, face painting, and water activities were on hand for parents and children to enjoy. The center also included a petting zoo for the day. Thanks to everyone that came out to the Fall Fest!



Cajun Confections Project Coordinator Lucretia Coleman and DSW Hannah Tillman displays the large "boat" of chocolates purchased by Dupre Brothers.



Santa dances at TARC's Annual Holiday Open House in November.

TARC's Employee of the Year



April Giles was recently voted and recognized as TARC's "Employee of the Year." TARC's Receptionist and now Administrator Floater does

an outstanding job by going above and beyond her duties. April also volunteers regularly for the Let's Get Together social club. She is always smiling, loving life, and our individuals. With April's passion for people with developmental disabilities, her work is admirable and appreciated by all TARC staff and our individuals.